**MATHEMATICS ANXIETY SCALE (MAS)**

**SECTION A: DEMOGRAPHIC INFORMATION** **OF RESPONDENTS**

**INSTRUCTION:** Please tick the demographic information appropriate to you.

1. Gender: Male Female
2. Location: Urban Rural
3. Age: 13 – 14 15 – 16 17 - 18
4. Class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Identification Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**SECTION B**

**INSTRUCTION:** For each question, please fill in the blank with a number to indicate the degree to which you feel the statement is true of you. The rating scale is as follows:

1 = Strongly Disagree (SD)

2 = Disagree (D)

3 = Agree (A)

4 = Strongly Agreed (SA)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **S/N** | **ITEM STATEMENT** | **SD** | **D** | **A** | **SA** |
| 1 | Mathematics gives me a stomach ache. |  |  |  |  |
| 2. | When it is time for mathematics my head hurts. |  |  |  |  |
| 3. | I get worried before I take a mathematics test. |  |  |  |  |
| 4. | In mathematics, it is hard for me to decide what I have to do. |  |  |  |  |
| 5. | I have always had trouble with mathematics. |  |  |  |  |
| 6. | Usually I feel unable to solve mathematical problems. |  |  |  |  |
| 7. | No matter what I do, I always get low grades in mathematics. |  |  |  |  |
| 8. | When it is time for mathematics, my heart beats fast. |  |  |  |  |
| 9. | I worry about trembling when I’m asked a question in mathematics class. |  |  |  |  |
| 10. | I can suddenly become aware of my own voice and of others listening to me during mathematics class. |  |  |  |  |
| 11. | Getting out my mathematics books makes me nervous. |  |  |  |  |
| 12. | My heart starts to beat fast if I must do mathematics class work or assignment. |  |  |  |  |
| 13 | I get nervous when the mathematics teacher calls on me to tell my answer to the class. |  |  |  |  |
| 14 | I feel awkward and tensed if I know people are watching me during mathematics class activity. |  |  |  |  |
| 15 | I get nervous about making a mistake in mathematics. |  |  |  |  |
| 16 | I don’t feel comfortable studying mathematics like I feel with other subjects. |  |  |  |  |
| 17 | I hate studying mathematics, even the easiest parts. |  |  |  |  |
| 18 | Except for a few cases, no matter how much effort I put out, I cannot understand mathematics. |  |  |  |  |
| 19 | I am always under a terrible tension in a mathematics class. |  |  |  |  |
| 20 | I am afraid to ask questions in mathematics class. |  |  |  |  |