



## Content Mastery Service : A Help in Related Consulting Problems Students ' Learning Activities

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### Abstract

Learning activities can occur everywhere, including in the school environment. Learning activities in schools have various components that enable the emergence of student learning problems. These problems affect or even determine the quality of student learning outcomes. The Role of Guidance and Counseling, among them in the form of Content Mastery Services is needed to overcome these problems. This role becomes the main task of school counselors to optimize student learning outcomes. This article is a literature review. The results of the study show the discussion on the important role of Content Mastery Service on the quality of student learning activities in schools.

**Keywords:** Counseling, Content Mastery Service, Learning Activity Problems, Learning.

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## Introduction

Learning is an activity that can not be separated from human life (Siemens, 2014). KH Dewantara explains that the God-given potential for humanity is the fundamental force needed to grow and maintain its existence as a human being, gaining salvation and happiness in life, both for himself and others (Towaf, 2016). The potential is developed through a learning process (Siemens, 2014).

The world of education is always changing, and students are the agents that most impact on those changes. In response, teachers or counselors need to prepare themselves to be responsive to the changing world of education in the future (Knechtel, 2008) and have a thorough understanding of learning activities (Donaldson, 2011; Wood, 2018; Shankar & Park, 2016). The school counselor is a professional in charge of providing assistance (Luke, Goodrich & Gilbride, 2013) in the form of counseling services. These counseling services contain educational values to help students achieve their developmental tasks, independence, self-controlling, effective and happy lives (Prayitno, 2017). One of the assistance in counseling services is Content Mastery Service. Content Mastery Service provide students with the mastering skills or competencies to strengthen their abilities in certain activity. About the problem of learning activities, the content mastery services can be use by counselor to strengthen student learning activities to achieve the optimal learning outcomes.

## Learning Activities and Problems

Learning is closely related to education, whether conducted in school or out of schools. Learning is the "key term" that is most vital in any educational endeavor, so that without learning there is no education. Learning is a business or activity to master something new in five dimensions, that are (1) knowing; (2) abling; (3) willing; (4) usualing; (5) responsibling (Prayitno, 2014).

In learning activities student may face problems that can inhibit the learning process and the achievement of learning objectives. Learning problem is a special problem related to the effort of organizing

learning activities that depend on five components, namely (1) prerequisite mastery of subject material, (2) technic of learning, (3) sources of learning, (4) directive life condition, and (5) life environment influence condition. All components are then abbreviated with PTSDL label. Quality and problem of student learning activity in school can be seen from the results of PTSDL Instrumentation. This instrument was developed by Professor Prayitno which aims to reveal the quality of students' learning activities and problems. Students PTSDL scores indicate them quality in learning activities. The better of student's PTSDL scores indicate the less student's problem in learning (Prayitno, 2016). The components of PTSDL are described below:

#### *Prerequisites Mastery of Subject Matter (P)*

Prerequisites mastery of subject matter are the conditions that must be met before students the activities learning entering to mastering new subject matter. Bransford, Brown & Cocking (2000) explains that a new knowledge must be built on the knowledge gained beforehand, thereby understanding a concept thoroughly.

#### *Technic of Learning (T)*

Technic of learning is a skill or ability of students to be able to carry out certain activities in learning, including completing tasks or learning problems that must be resolved.

#### *Sources of Learning (S)*

Sources of learning is the material and equipment that can be used by students in or out of learning activities in class/school environment. The importance of creating a good learning environment for students and involving students in the learning process (Naude, van den Bergh, & Kruger, 2014) will provide a valuable learning experience for students as well as affect student learning outcomes (Thiele, Singleton, Pope & Stanistreet, 2016).

#### *Directive Life Condition (D)*

The directive life condition with regard to psychological or physical conditions will indirectly affect the student's learning.

#### *Life Environment Influence Condition (L)*

The life environmental influence conditions of student learning activities may be physical environmental conditions and the socio-emotional relationship between students and others, including their relationship with teachers (Jang, Reeve, & Deci, 2010), friends, and family members at home. The natural process of learning is a risk-free environment and supporting (McDonough, 2013). Good physical and socio-emotional environmental conditions will have a positive effect on student learning activities, both in and outside the school, while low or problematic student environment will disrupt the learning activities.

### **Content Mastery Service**

Counseling services are focused on personal conditions that are self-sufficient, successful, and effective in their daily lives. The intended conditions do not come naturally, but through directional development, through learning activities, in which there is counseling service (Shi & Leuwerke, 2014; Sandoval & Padilla, 2009).

There are several kinds of counseling services have their own development focus, activity format, and implementation procedures. The use of these types of services is tailored to the needs, objectives or targets to be achieved on the student or service participant. Use of appropriate services will have a positive effect on the achievement of counseling service goals. Content Mastery Service is one of the types of services in counseling. The service is a support service to individuals (individually or in groups) to master a certain competence or competence (Cooper, 2013; Nutefall, 2014).

Content Mastery Service is an assistance to individuals in mastering aspects of certain content to meet their needs and overcome the problems. The general purpose of Content Mastery Services is the acquisition of a certain content for individuals or clients to add insight and understanding, directing judgments and attitudes, mastering certain ways or habits, to meet their needs and solve their problems. With the mastery of the intended content, the individual concerned is better able to live his life effectively and independently.

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Associated with the problem of learning activities, the material of Mastery Content is tailored to the components of student learning problems as the results shown by PTSDL instrument. So that, the students can be independent and effective to facing the emergence of problems in learning activities.

## Conclusion

The quality of student learning outcomes is an important concern in education. Quality learning activities are a shared responsibility between government, educators, parents, and students themselves. The main components of learning activities problems, problems may confront students to achieve successful learning goals. Therefore, the school counselor as professional personnel in providing assistance services to students is expected to maximize its role to develop the effective life of students to be independent in facing the problems of learning activities, whether structured learning activities in schools. Content Mastery Service is an alternative assistance in counseling services, to develop students who have a good quality of learning and achieving education goals optimally.

Hopefully, the future improvement, development, use, and optimization of Content Mastery Services by school counselors can be implemented. The Content Mastery Service is a strategic role in improving the quality of students learning activity and outcomes.

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